The San Diego Union-Tribune

The Dish: Pretzel dishes, looking ahead

What's happening in the world of San Diego dining this week

By Kelly Sauer



Pretzel mania

Tavern is offering several pretzel-inspired dishes, including a variety of sandwiches on homemade pretzel buns and Soft Garlic Butter Pretzel Sticks. The Pretzel Sticks are served with honey mustard, peach mustard, whole-grain honey-porter mustard and roasted Serrano beer-cheese. 1200 Garnet Ave., San Diego. (858) 272-6066 or tavernatthebeach.com

Sandbar's savory Pretzels and Dip appetizer includes fresh baked pretzels, carrot sticks, celery, queso dip and honey mustard. 718 Ventura Place, San Diego. (858) 488-1274 or sandbarsportsgrill.com

PB Alehouse offers a hint of pretzel with its BBQ Short Rib Sandwich, made with braised short rib, BBQ sauce, white cheddar and fried onions, served on a pretzel roll. 721 Grand Ave., San Diego. (858) 581-2337 or pbalehouse.com

Barleymash's shareable dish, Pretzels N' Dip, features house-made garlic-butter pretzels with carrot sticks, celery sticks, apples, a creamy poblano beer-cheddar sauce, and wholegrain honey-porter mustard. 600 Fifth Ave., San Diego. (619) 255-7373 or barleymash.com

Looking ahead

Bake Sale Bakery has announced its 2016 baking classes, starting with Quick and Easy Breads on Wednesday, Jan. 20. Students will learn techniques for baking quick breads, including scones, biscuits and banana bread. 6 to 9 p.m. Wednesday, Jan. 20. 815 F St., San Diego. Reservations: (619) 515-2224 or bakesalesd.com

Duke's La Jolla has unveiled new lunch and "Pau Hana" (happy hour) menus. Celebrating a mix of Hawaiian and Californian cuisine, the menus feature locally sourced food and all natural ingredients. Lunch menu items include the Korean Sticky Ribs and Poke Tacos, the Grilled Gem Lettuce Caesar, Roasted Firecracker Fish and Kalbi Rib Tacos. The happy-hour menu includes Fried Bourbon Pickles, Lomi Salmon Tacos and Daily Crudo. 11:30 a.m. to 3 p.m. for lunch; 3 to 5 p.m. for happy hour. 1216 Prospect St., La Jolla. (858) 454-5888 or dukeslajolla.com

IHOP restaurants are serving "All You Can Eat" pancakes now through Feb. 14. Guests dining in can order either five famous buttermilk pancakes or a short stack of two pancakes with a combo plate of eggs, golden hash browns and their choice of meats. Guests can continue to order a short stack of two buttermilk pancakes until they've had all they can eat. Prices and participation may vary. ihop.com

Morton's The Steakhouse is honoring National Meat Month with a special meat-and-wine pairing that features a Prime Burger or 9-ounce Prime Ribeye Steak Sandwich, paired with a glass of Raymond Vineyards "Primal Cut" Cabernet Sauvignon, Napa Valley. The pairing is available in the bar area now through Sunday, Jan. 31. 285 J St., San Diego. \$25. (619) 696) 3369 or mortons.com