

LOCALE



13 Places to Get Some of the Best Breakfast in San Diego

Kristal Docter April 2, 2017

Good morning, San Diego! It's time to wake up and smell the bacon and bennies with a trip to this city's best breakfast spots. Whether you wish to awaken with hash and eggs or a mile-high pile of pancakes, San Diego is booming with fantastic breakfast eateries. We discovered that this morning meal may also be the most fun of all. Plates are larger, menus are more radical and the world seems just a little brighter at the start of the day. Our breakfast expedition stretched from Encinitas to Downtown San Diego and uncovered lively communities of people gathering together in the A.M. for fantastic sunrise food.

Duke's La Jolla



Wake Up With: Duke's Loco Moco

Grab your Hawaiian shirt and bring your ohana to Duke's La Jolla for some of the best breakfast in the city. With the impeccable ocean view and serious island vibes, you'll almost forget you're on the Mainland. A local favorite is the Duke's Loco Moco. With a half pound of chuck, brisket and hanger grind, fried egg, adobo gravy and steamed jasmine rice, you'll be licking your plate clean. For a refreshing breakfast beverage, try their PPOG Mimosa, fully equipped with passion-pineapple-orange-guava juice and champagne. Native Hawaiian Duke Paoa Kahanamoku was an official ambassador of aloha, so come back to Duke's for the Aloha Hour and sip on a Mai Tai.

Native Knowledge: After you finish that hearty breakfast, I bet you'll want some dessert! Try Duke's one-of-a-kind Hula Pie. Made with macadamia nut ice cream lined with a chocolate cookie crust and topped off with fudge, whipped cream and even more macadamia nuts. Trust me, you won't want to share.

Truckstop



Wake Up With: Tri-Tip Benedict

Claiming that their food is larger than your appetite, Truckstop is guaranteed to have the heartiest breakfasts in Pacific Beach. And for those of you who can't get enough of spicy sriracha, the Tri-Tip Benedict is the perfect dish to start your day—served with tomato and sriracha hollandaise. Choose between hashbrowns and rosemary potatoes, add one of their variations of mimosas or bloodies to sip on—and you have yourself a heavenly breakfast.

Native Knowledge: Truckstop is known for serving up a hearty helping of Southern hospitality.

4150 Mission Blvd
San Diego, CA 92109
858.273.8785

Brian's 24



Wake Up With: The Waffle Cristo

Brian's 24 breakfast menu served 24 hours a day, you can have breakfast for any meal. The Waffle Cristo is a must-try. Thick bacon waffles holds together ham and melted cheddar jack cheese to form a beautiful marriage of salty and sweet. Topped with powdered sugar and served with french fries and warm syrup on the side, this a salty-sweet paradise.

Native Knowledge: It's hard to pick merely one dish from Brian's 24 with all of the unique breakfast (and massive) items on the menu. The Krab Cake Benedict, Corned Beef Hash Benedict, and the Breakfast Burger are must-tries as well!

828 Sixth Ave
San Diego, CA 92101
619.702.8410

Cody's La Jolla



Wake Up With: Veggie Hash

Breakfast enthusiasts rejoice! Cody's La Jolla serves breakfast from open to close. Get your dose of veggies for breakfast with the Veggie Hash. This dish is made with griddled red peppers, yellow onion, mushrooms, asparagus, arugula, and potatoes, topped with poached eggs and hollandaise.

Native Knowledge: The AM/PM menu is served all day, whether you want dinner for breakfast or breakfast for dinner!

8030 Girard Ave
La Jolla, CA 92037
858.459.0040

Sandbar Sports Bar & Grill



Wake Up With: The S.O.B Scramble

Just steps from the surf and sand, Sandbar offers a lively atmosphere, ocean views, quality food and craft cocktails. There is not a “bad egg” over at Sandbar, this hen house is more than your average sports bar and grill. The S.O.B Scramble is made with carne asada, jack and cheddar cheese with cilantro and salsa fresca for a taste of freshness.

Native Knowledge: If you’re in Pacific Beach, stop by Sandbar where you can eat and watch the waves right on the boardwalk—a SoCal paradise!

718 Ventura Place

Mission Beach, CA 92109

858.488.1274

PB Shore Club



Wake Up With: The Mass Confusion

Steps away from the beach, PB Shore Club offers customers a beachy, breezy, and laid-back opportunity to enjoy perfect breakfast dining with a panoramic view of the Pacific Ocean, especially from their patio area. Stop by and enjoy the views while devouring a breakfast favorite, the Mass Confusion. This mouthwatering plate consists of three biscuits, two scrambled eggs, mixed cheese, tater tots, bacon, sausage and smothered in house breakfast gravy.

Native Knowledge: Gotta have that breakfast burrito in your PJs on your couch? PB Shore Club delivers!
4343 Ocean Blvd
San Diego, CA 92109
858.272.7873

Breakfast Republic



Wake Up With: Shrimp & Grits Breakfast

Offering up unique creations and travel-inspired dishes, Breakfast Republic is now serving both North Park, Liberty Station, Encinitas, and East Village with their cluckin' good breakfast! A favorite of both the Chef himself and guests is the Shrimp & Grits Breakfast—grits and shrimp cooked with BR cluckin' good hot sauce, gouda cheese, fresh sweet corn, and chives, served with three eggs any style.

Native Knowledge: Breakfast Republic has a rotating list of 20 beers on tap and you can order beer flights with your meal.

2730 University Ave
San Diego, CA 92104
619.642.0299

Swami's Cafe



Wake Up With: Veggie Egg Burrito

Get the healthiest version of your favorite wrapped up breakfast with the Swami's Cafe Veggie Egg Burrito. With eggs, mixed cheeses, and sauteed mixed vegetables like zucchini, broccoli, avocados, and carrots—there's no guilt associated with this dish.

Native Knowledge: Swami's has a variety of tasty yogurt and ice cream smoothies that you can pair with your breakfast, or even have on its own!

Encinitas 101 (flagship)
1163 S. Coast Highway
Encinitas, 92024
760.944.0612

Fig Tree Café



Wake Up With: Breakfast Sushi

The Fig Tree Café has multiple locations here in San Diego, but my favorite has to be the one located in Pacific Beach, a little farther down Cass Street & North of Garnet Avenue. Not only are they serving up some delicious breakfast, but the atmosphere is also really amazing there. Sitting outside on the patio will have you enjoying your breakfast surrounded by foliage and canopies of trees and different plants, which always brings a nice vibe to any kind of morning. While there make sure you order their Wally Burrito which contains their house made potatoes, which are ALWAYS the right choice. Pair this breakfast with one of their house-made antioxidant mimosa and you'll be sure to have the perfect start to your day. Looking for something a little more adventurous? Try their breakfast sushi, something I can almost guarantee you won't find anywhere else.

Native Knowledge: The Fig Tree now offers the option to sub out their house made potatoes for their new arugula, truffle oil and parmesan cheese potatoes and it'll be the best \$2 upgrade you've ever made in your life.

5119 Cass Street

San Diego, CA 92109

858-274-2233